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## 3 Brilliant Ways Highly Successful People Get Motivated in Life

In my teen ages, I used to read the biographies of the highly successful and great people who have influenced the world. Their life stories and motivational quotes excited my energy level as when it resonated with my ambitions. This is same for every individual who has smart goals where one get motivated on hearing the stories of someone who are highly successful as they have gone through the similar arduous path on the way to success.

Motivation is a psychological process which gets fluctuate according to the circumstances and depends on upon a number of sources. Some are motivated by women; some get motivated to change the world on seeing the miseries of people.

Anyhow, it reaches its highest level on peak performances associated with the happiness, success and getting a reward from others. Whereby gets depleted on encountering many failures, criticism and ultimately losing hope on the specific goals. Therefore, remembering those peak moments also adds to it.

Realize that effective purposeful motivation is associated with happiness and try to be happy most of the time where the depressed person staggers in his life and get motivated towards the negative side thereby destructing him.

The human psychology is same for all people whether if one is a highly successful person who leads a better life or a depressed person who has ruined his life in miseries. Then, what makes the difference in the motivation of most successful people who achieved their goal after many failures and those who give up midway losing motivation within few failures.

I am briefing here some of the brilliant factors that make the highly successful people to stay motivated despite their life circumstances.

### 1. Visualizing Goals and Dreams

The most successful people are highly ambitious and they used to dream big about their future. However, this is not a mere dream, they are actually thinking forward with the achievable tasks and analyzing the available resources and ways to reach there. Their dreams are realistic in their mind and have smart strategies that they visualize the goals properly to achieve it. (Read also [How to Effectively Use Visualization Techniques to Reach Your Goals?](#))

The visualization itself doesn't keep them motivated but they have a particular mindset in their life. These people are not specifically focusing on motivation to reach their goal instead they uphold certain qualities like enthusiasm, faith, perseverance, imagination and optimism which indirectly help them not to quit midway even in the lack of motivation.

These qualities make them revert back wherever they fail which is an internal motivation which they acquired through the knowledge, past experiences and life circumstances. They also get stressed in their deeds but this doesn't stop them from motivating themselves.

Develop such mindset of the highly successful people where it is the only possibility for the impossible. Napoleon hill said, "Whatever your mind can conceive and believe it can achieve."

The successful people say that 'motivation get depleted with life circumstances such as failures, stress and social negligence as the like the body gets dirt over time which has to be cleaned, so it is necessary to motivate oneself whenever there is a lack of motivation by utilizing every opportunity to enhance it.' (Read also [8 Character Traits Mentally Strong People Avoid in Social Settings](#))



## 2. Having Long Term Goals

Psychological studies have shown that taking small steps towards the goal actually reduces the symptoms and possibility of depression. For most of the people, there will be a considerable initial boost of motivation when they begin their task and it gets decreases as they precede encountering adverse situations. Their goals will be short term and lose motivation to go further because of the failures in the case life career.

Remarkable achievements are the result of long-term goals. Highly successful people have the habit of keeping long term goal as 3 to 5 years. Any long term goal has its own short task that has to be achieved within a destined time. These short tasks add up to the long term goals even if the eighty percent accomplishment is worthy. They used to keep achievable targets and raise it further to improve their productivity. (Read also 3 Surefire Ways to Become More Productive in Your Life)

It is important to have a single task than multiple tasks at a time where our brain is wired better to handle a single task. Or else, it may degrade our performance where its results in failure and depletes our motivation.

So, pick a single task at a time which is your goal that supports your subconscious needs.

Achieving the targets convince the subconscious mind of a person with the positive impression. That is why the positive affirmation doesn't work always where the subconscious mind requires fact – real or imaginary.

Keep manageable targets and measure the progress of it where the failures are probably inevitable. These strategies will help you to manage the time effectively where the subconscious mind get positively influenced by it. The confidence level increases as you are efficient in achieving the goal where that makes you to stay motivated. Feeling proud of your achievements further improve your confidence level. This is how the most successful people achieved invincible things in their life.

This empowers the famous quote 'Legends are not born, they are built.'

## 3. Passion for Work and Profession

Most of the people think that they are destined only to do certain activities in life. This is the case of artists, scientists, poets, sportsmen, etc. as they are bestowed with or acquired specific qualities in life where they think these qualities makes their life purpose.

In the book 'Crack the Hidden Laws of Life' I said that the life purpose doesn't have any psychological basis but having such purpose is better for your wellbeing and had mentioned the ways to know it.

Our life purpose comprises of many goals and they are not constant and changes with time. If we had achieved a goal then another one get evolves and the process continues throughout our life. These goals are evolved as a result of childhood experiences, natural instinct and life circumstances that are hidden under our subconscious needs of life.

Having life goals makes us feel worthy and expecting (optimistic mentality) the minor success in that makes us motivated to achieve significant results. If it doesn't happen as expected then we expect other minor tasks to accomplish and it continues. Even the advanced yogis have goal as to realize their self where their expectation is absorbed within the self. (Read also How to Safely Awaken Kundalini Energy?)

These expectations are the fuel of life and the motivation makes it reality.

Before publishing this website I had another one with a different niche which was a complete failure. With a little experience from it, I was motivated to work on the new one to reach more people. Nevertheless, it doesn't show any considerable progress for years, where I developed the skill and passion for writing inspirational and motivational lines. Now, the hard work started paying off where I reached thousands of people through this site and the books. This is where I completely implemented the success stories of others where the strategies for the motivation are the same.

The highly successful people change their life purpose into their passion. This passion creates a burning desire in them. As a result, whatever the difficulties they encounter they get motivated and strive to realize their dream.